



## MEDICAL STUDENT COUNCIL PRESIDENT'S MESSAGE

### “It Takes a Village...”

Jamie “Akiva” Kahn  
President, AAEM/RSA Medical Student Council



...to raise a doctor. Hillary Clinton says to raise a child, but I believe the sentiment is the same when it comes to cultivating physicians. I recently went on stage at my medical school during Match Day to read my results and had planned to thank my family and friends for all their support. But in the excitement of the moment I simply squealed, “Emergency Medicine, Jefferson!!”

As we all know, the road to becoming a physician is not always perfectly smooth and has many challenges along the way. Not only must we excel in our studies, but we must also attempt to hold our personal lives together through family struggles, relationship troubles and even health issues.

Medical school is an interesting paradox - a plethora of emotions.

We are told at the beginning that it would be challenging and that we would make sacrifices. I think each person who first hears that hopes they are the exception, but eventually the ‘burden’ of medical school hits each one of us. We recognize that we are the “lowest on the totem poll,” but hope that our role allows us to empathize more with our patients. We know our residents can smell fear and overcompensate in confidence and effort to earn their respect, their lessons and their evaluations. It’s not only hard on us, but the people who we turn to help get us through.

Before the bustle that always happens at the end of the year, consider taking a moment to thank the people in your lives who helped you get to where you are: the family you call and vent to, the friends you spend less time with in order to study more, the residents and mentors who push and teach you, and the peers who support and celebrate with you. Thank you.

**Become  
a Part of  
EMIG Select!**

AAEM/RSA announces its newest membership program, EMIG Select. Sign up 20 or more members of your program for AAEM/RSA student membership and get recognized in *Modern Resident*, *Common Sense* and Facebook!

Contact [info@aaemrsa.org](mailto:info@aaemrsa.org) for more information and to sign up today!

#### Current EMIG Select Programs

- Georgetown University
- St. George’s University
- Touro University
- Western University