



## Be your own advocate

If you receive care at multiple hospitals/clinics, get copies of test results to avoid repeated testing.

Bring a family member or friend with you to help remember key information from your visits.

## Follow-up is important

- Following up with a primary care provider that can see you over several visits and coordinate your care is the ideal way to receive your medical care.
- Please notify a staff member if you cannot obtain a primary care provider. There are programs that can help you find and see a primary care doctor at a free or reduced rate.
- There may be tests or procedures that your primary care providers or specialist recommend that are not available through the ED, your doctor will help you arrange these tests.
- **If you cannot obtain follow-up, return to the ED.**



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**American Academy of Emergency Medicine  
Resident and Student Association**

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## Why don't I have a clear diagnosis?



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American Academy of Emergency Medicine Resident Student Association aspires to a future in which all patients have unencumbered access to excellent emergency care provided by a board certified or board eligible emergency physician. Developing emergency physicians will receive the highest quality training in a supportive practice environment with an emphasis on personal wellness and career mentorship.

Join AAEM/RSA at [www.aaemrsa.org/joinrsa](http://www.aaemrsa.org/joinrsa)

You or a loved one came to the emergency department (ED) for answers

The emergency provider looked for several life-threatening and emergent conditions today. You may be feeling frustrated or even scared with not having a clear diagnosis.



## What now?

- Please continue to monitor your symptoms carefully. Sometimes an illness cannot be diagnosed on the initial evaluation. Return to the ED immediately for worsening symptoms, chest pain, shortness of breath, lightheadedness, inability to eat or drink, fever, chills, confusion, or any new or concerning symptoms.
- Please see your primary care provider and any specialists listed on your follow-up paperwork. These follow-up visits are very important for your continued evaluation and treatment. If you cannot get an appointment in a reasonable time period or your symptoms worsen, please return to the ED.