

Domestic Violence Warning Signs and Red Flags

- Telling you that you can never do anything right
- Showing jealousy towards your friends and time spent away
- Discouraging or keeping you from seeing friends or family members
- Embarrassing or shaming you with put-downs
- Controlling money spent in the household
- Taking your money or refusing to give you money for expenses
- Acting in ways that scare you
- Controlling who you see, where you go or what you do
- Preventing you from making your own decisions
- Telling you that you are a bad parent or threatening to harm or take away your children
- Preventing you from working or attending school
- Destroying your property or threatening to hurt or kill your pets
- Intimidating you with guns, knives or other weapons
- Pressuring you to have sexual intercourse when you don't want to, or do things sexually you're not comfortable with
- Pressuring you to use drugs or alcohol

(Excerpted from National Domestic Violence Hotline, www.thehotline.org/is-this-abuse/abuse-defined/)

AAEM/RSA-0716-537

Resources

National Domestic Abuse Hotline

<http://www.thehotline.org>

24-hour toll-free hotline: 800-799-SAFE (7233)

House of Ruth

www.houseofruthinc.org

24-hour toll-free hotline: 877-988-5559

Women's Law

www.womenslaw.org

Safe Horizon

www.safehorizon.org

24-hour toll-free hotline: 800-621-HOPE (4673)



Innovate. Educate. Advocate.

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Being Safe at Home



Innovate. Educate. Advocate.

American Academy of Emergency Medicine Resident Student Association aspires to a future in which all patients have unencumbered access to excellent emergency care provided by a board certified or board eligible emergency physician. Developing emergency physicians will receive the highest quality training in a supportive practice environment with an emphasis on personal wellness and career mentorship.

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What is intimate partner violence?

Intimate partner violence is physical, sexual or psychological abuse inflicted by a current or former intimate partner (spouse, boyfriend or girlfriend, or sexual partner). Hitting or kicking, forcing sexual intercourse, and attempting to control or manipulate behavior are all forms of intimate partner violence.

One in four women and one in seven men in the United States have been the victim of severe physical violence by an intimate partner in their lifetime.

(Source: CDC, www.cdc.gov/violenceprevention/intimatepartnerviolence/consequences.html)



How you can help a friend experiencing intimate partner violence

- Develop a safety/escape plan
- Support them without judgment
- Encourage them to spend time with friends and family
- Connect them with resources for free professional help

WOMEN ARE MORE LIKELY TO BE KILLED BY THEIR INTIMATE PARTNERS THAN BY ANY OTHER TYPE OF PERPETRATOR.

(Source: House of Ruth)

